

Advanced Sports Medicine

Syllabus

Instructor: Dave Sherden, ATC

School year: 2019-20

Advanced Sports Medicine students will learn to understand, evaluate, and treat some specific Athletic Injuries. Topics vary from year to year, but include the following:

**Sudden Death in Athletics
Head Injuries (including concussions)
Ankle Injuries
Knee Injuries
Shoulder Injuries
Neck and Back Injuries
Internal Thoracic and Abdominal Injuries
Wrist and Hand Injuries
Elbow Injuries**

In the Advanced Class there is an increased focus on Hands-on activities. The fourth quarter allows students to research and prepare a detailed presentation and paper on an injury or condition of their own choosing.

The class is taught by an experienced Certified Athletic Trainer

Sophomores may take Advanced Sports Medicine if they have completed Beginning Sports Medicine. Juniors and Seniors may take Advanced Sports Medicine without taking the Beginning course.